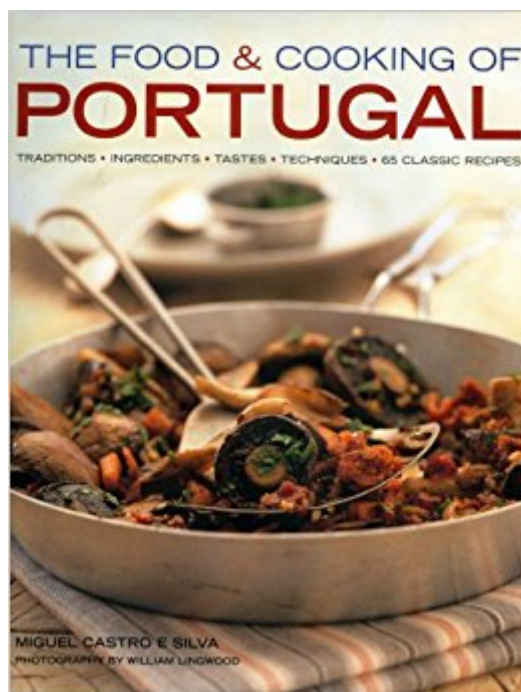


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# The Food & Cooking Of Portugal



## Synopsis

With an exciting and informative text and authentic recipes by award-winning nationally-recognised Portuguese chef Miguel de Castro e Silva, this unique volume is also packed with over 300 sumptuous colour photographs illustrating ingredients, techniques, and the finished dishes. Introducing familiar and unexpected flavours of the Mediterranean, a variety of traditional and comforting artisan dishes and more sophisticated recipes interpreted with an imaginative, elegant, modern twist, this beautiful book is undoubtedly destined to become the cook's kitchen bible for the cuisine of Portugal.

## Book Information

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #2,853,295 in Books (See Top 100 in Books) #80 in [Books > Cookbooks, Food & Wine > Regional & International > European > Portuguese](#)

## Customer Reviews

And her family and friends love the magnificent Portuguese dishes she creates with help from this book. The photographs are also splendid.

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